

Inspired Stitches

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Many cultures have a history and tradition of making quilts using scraps and old clothing. Boro, Kawandi, and Kantha quilts come from different cultures but share the common use of scrappy fabrics layered and held together with stitches becoming a quilt that is both functional and beautiful.

This is an easy, relaxed class. We'll talk about the various traditions of these types of quilts and you can relax knowing that the hand stitching in this class is big, fun, and easy—you can be as precise (or not) as you choose.

- Assorted pieces of fabrics, minimum size about 3" x 6", up to as large as you want. Have enough to cover a 20" x 26" surface or so. I recommend avoiding batiks and other tightly woven fabrics because they are hard to sew thorough by hand, any other type of fabric can be used.
- Batting or backing fabric, size is up to you but 20" x 26" is a good starting size.
- #8 Perle cotton, embroidery floss, or sashiko thread in your choice of color(s).
- A large-eye sharp needle such as an embroidery needle, size 4 crewel, or short sashiko needle.
- Fabric scissors and/or a rotary cutter and mat
- Straight pins
- If you have appliqué glue or a regular glue stick, have it handy to temporarily hold things together
- Thimble (optional, but can be helpful)

* You can also chose to make a Japanese knot bag (a pattern will be provided), so you might need a different size of batting or backing fabric depending on the size bag you want to make.