

## Thread-Painted Portraits Workshop Supply List

### Each participant needs to bring:

- A sewing machine in good working order with a free-motion foot
- Machine needles (size 190/4 is recommended, but bring some 80/12's and 100/16 if you have them)
- Several bobbins filled with a neutral or medium gray thread (4-5 recommended). I suggest you use a thinner thread, 50-60 wt., or a thread specifically designed for use in the bobbin, such as Bottom Line or Mettler Bobbin Fil. Some bobbin threads come in only black and white. If you use these, I suggest 2 bobbins of each.
- 150-250 yd. spools of thread (40-wt recommended) in the following colors:
  - White
  - Black
  - Light gray
  - Medium gray
  - Dark gray
  - Red
  - Yellow
  - Blue
  - Green
- spool(s) of thread to refill bobbins.
- Scissors for cutting thread
- A power strip/extension cord for your machine
- Pen and paper for notes
- Mechanical pencil or fabric marking pen (Frixion pen works great) for marking on portrait panel
- Small trash bin, bag, or box for collecting loose threads

### These items are suggested, but not required:

- Free motion sewing gloves
- Teflon sheet for sewing plate (Supreme Slider)
- Thread Painted Portraits by Lea McComas

### Lea will also have several items for sale to include:

- Her book, Thread-Painted Portraits
- Thread kits in a variety of colors
- Design tools (Golden Mean Calipers, Color Filters, Gray Scale Card)
- Free-Motion gloves
- Silicon sewing mat
- Teflon pressing sheet